



New Boston Medical Center

373 New Boston Road

Fall River, MA 02720

PREPARED **CHILDBIRTH** CLASSES

Learn more about the process of labor
from our own Certified Childbirth Educator,

Krisann Jardin, C.N.M.

- ❖ Instruction on the natural progression of labor and birth
- ❖ Variations in the labor process
- ❖ Cesarean Section
- ❖ Relaxation and Lamaze breathing
- ❖ Epidural anesthesia
- ❖ Tour of the Labor Room and Maternity Suite
- ❖ Pain Management
- ❖ Care of the new mother
- ❖ Care of the newborn
- ❖ Car seat safety

Location:

New Boston Medical Center, 2nd Floor

It is suggested that you register in your 4th or 5th month of pregnancy.

Time:

9:30am to 3:30pm Saturday.

Class dates: 01/16th, 02/13th, 03/12th, and 04/9th

Registration Fee: **\$100.00**

For more information, please call **508-679-0911**.

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Name: _____

Expected Due Date: _____

Daytime
Phone _____

Evening
Phone _____

Class
Date _____